



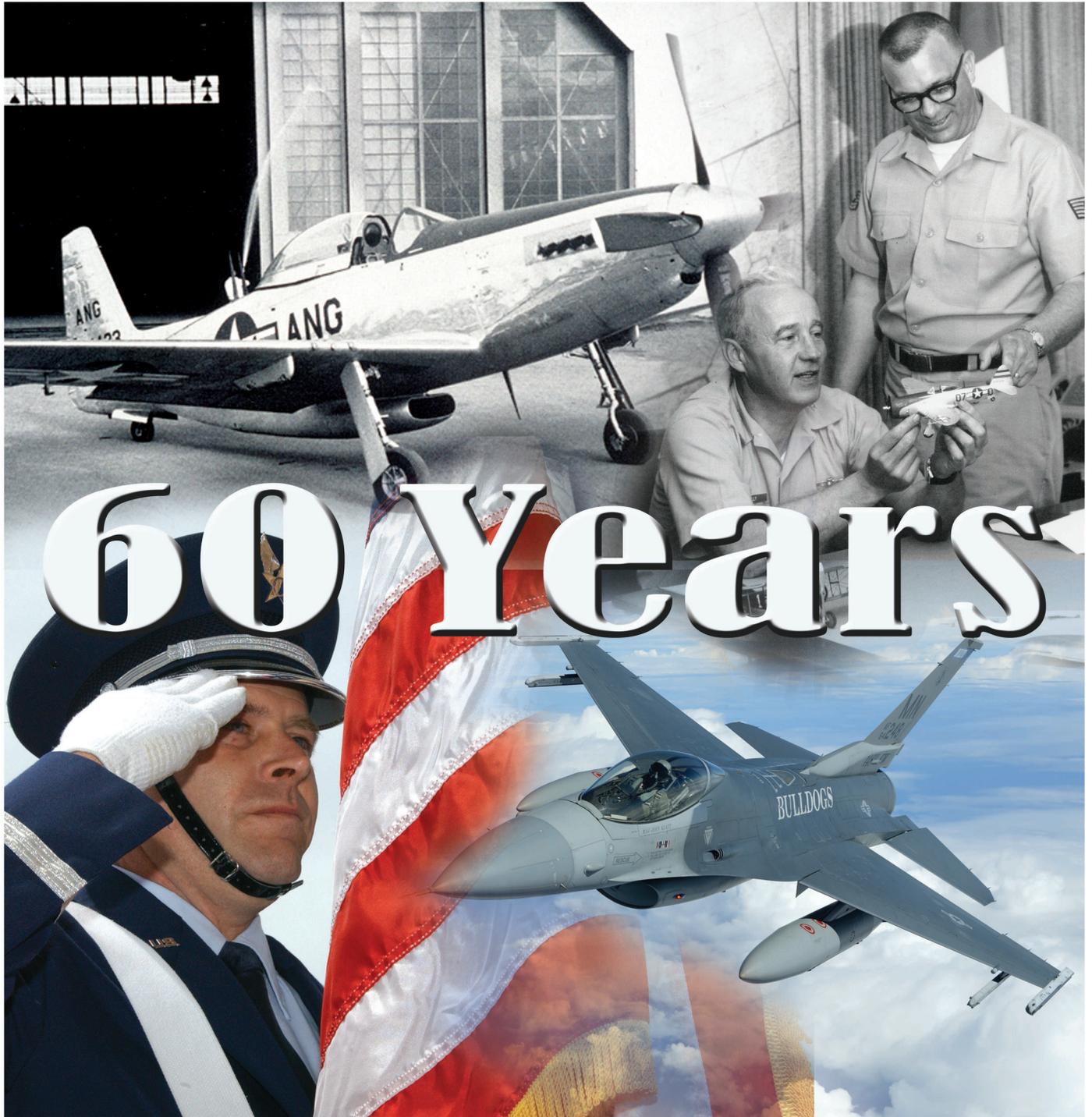
"A PROUD TRADITION" ON FIVE

Duluth, Minnesota

Volume 53

Number 4

Sep - Oct 2008





Commander's Column

Col. Howard A. Hayes OG CC



As we finish up another wonderful Duluth summer, I thought it would be good to reflect on how much we have accomplished in the recent past and look forward to the upcoming year. We have much to be proud of.

In July 2007, we stood up a deployed alert location at Shaw AFB, South Carolina on extremely short notice. What other units take months to plan, we accomplished in hours. Within a day of our arrival we had already conducted a successful real-world scramble.

In Nov 2007, we set up another deployed alert location at Hickam AFB, Hawaii on very short notice. This time we successfully provided Homeland Defense half-way across the world for 11 weeks. Many gave up the holidays with their families to serve.

Only one week after our return from Hickam, we were again tasked to set up a deployed alert detachment; this time at Elmendorf AFB, Alaska. Shortly after our arrival, we flew the first-ever F-16 intercept of a Russian Bear bomber in the Alaskan NORAD Region.

In June, we hosted numerous Distinguished Visitors to our base during the infamous "Big Bang" week. The entire base pulled together to create an extremely favorable impression of our unit in the eyes and minds of many VIPs from around the country (and world). It was then that we received the Volunteer Protection Program (VPP) Star and the Air Force Outstanding Unit Award.

July had us busy helping with the air show and preparing for our Phase II Operational Readiness Exercise. The minute the ORE was over we shifted gears to focus on our next major AEF rotation. As

you are reading this, we already have our first wave of deployers in theater serving proudly. By the time this AEF rotation is over, we will have deployed over 350 Bulldogs to help fight and win the Global War on Terror.

It has been a busy year. I haven't even mentioned many other accomplishments during this period. During each new challenge, we have risen to the occasion and succeeded with flying colors. The Bulldogs' reputation for excellence continues to grow as more people get to see us in action.

What's in store for 2009? We will have most of our AEF deployers home by mid-January 2009. In February, a small group will travel to Langley AFB, Virginia to meet with the ACC IG team for our 180-Day Operational Readiness Inspection (ORI) planning meeting. In March, we will deploy a portion of the Aviation Package to Tyndall AFB, Florida to shoot air-to-air missiles and fly against Canadian F-18s for two weeks. Upon our return from the gulf coast, we will shift our focus to preparing for the Phase II ORI. The ORI will present us again with an opportunity to "show the world" just how good we are.

Story continued on page 3.

On the Cover

Tech. Sgt. Jason W Rolfe, 148th Fighter Wing Public Affairs, created a "throwback" cover using fonts and photographs from previous On Five's. Did you know that the On Five (which is now created using the latest electronic technology) used to be laid out by hand?

This funded Air Force newspaper is an authorized publication for members of the U.S. Military services. Content of the ON FIVE are not necessarily the official views of, or endorsed by, the Department of Defense, the Department of the Air Force or the National Guard Bureau. The editorial content is edited, prepared and provided by the Public Affairs Office of the 148th Fighter Wing at Duluth, International Airport, Duluth, MN 55811-5000.

PRODUCTION COORDINATOR Master Sgt. Paula J. Kane

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Year 2008 Unit Training Assembly (UTA) and other training schedules for the 148th Fighter Wing and all subordinate units:

COMMANDER	Col. Mark R. Johnson
VICE COMMANDER	Col. Frank H. Stokes
PUBLIC AFFAIRS OFFICER	Capt. Julie M. Peterson
WING EXECUTIVE STAFF OFFICER	Capt. Audra A. Flanagan
EDITOR	Tech. Sgt. Jodi L. Kiminski
PUBLIC AFFAIRS STAFF	Tech. Sgt. Jason W. Rolfe, Master Sgt. Ralph J. Kapustka, Tech. Sgt. Denise M. McDougall, Tech. Sgt. Brett R. Ewald, Tech. Sgt. Julie M. Tomaska, Tech. Sgt. Nancy L. Hanson, Staff Sgt. Margaret R. Engebretson, Staff Sgt. Amie M. Dahl, Staff Sgt. Donald L. Acton, A1C Sarah Hayes

	UTA	SUTA	MANDATORY AFT
	13-14 Sep	None Sep	
	04-05 Oct	25-26 Oct	
	01-02 Nov	None Nov	
	06-07 Dec	None Dec	
	10-11 Jan	24-25 Jan	
	07-08 Feb	None Feb	
	21-22 Mar	07-08 Mar	
	18-19 Apr	04-05 Apr	
	16-17 May	None May	

Check out the *NEW* 148th Fighter Wing website at www.148FW.ang.af.mil

Commander's (cont. from page 2)

The pace is relentless. The taskings seem to keep coming our way. We seldom "get a break." However,

our unit is made up of folks who thrive on challenges and take great pride in displaying our capabilities. I have no doubt that we will excel

in the ORI and anything else next year throws our way. Keep up the great work! I am so proud to be a part of this unit.



CHIEF'S CORNER

The latest updates from your Chiefs' Council
By Chief Master Sgt. Dean V. Kuhlman

When reading the 28 July

2008 edition of Air Force Times I was interested in the article Chief Concern: Airmen List 13 Changes They Want Moseley's Replacement to Make. One of the points Airmen would like the new Chief to accept is criticism—internal and external. Readers advise the next Air Force boss to, "Get over it and listen." This point got me thinking how important listening, and communication in general, is to the success of the 148th Fighter Wing.

Sam Walton, founder of Wal-Mart was quoted as saying, "The key to success is to get out into the store and listen to what the

associates have to say. It's terribly important for everyone to get involved. Our best ideas come from clerks and stock boys." Communication involves the ability to pay attention to what others are thinking and feeling from the bottom to the top. Research identifies effective communication as an important characteristic as well as an essential building block of a strong and health organization.

There's a common assumption that people must be happy if they aren't complaining. Whether you're a new Airman or you aspire to be Wing Commander, it's a mistake to think that only the squeaky wheels are unhappy. Attitude and interpersonal skills may suffer long

Chaplain's column

By Chaplain (Capt.) Thomas J. Foster
Testing Positive!

Recently many of us have been following the Olympic competition. In the midst of the records set and the gold, silver and bronze won those competing have undergone series of drug enhancement testing, and some medalists have been stripes of their medals, resulting a sad ending and a failure to reach their goal.

In the midst of following the Olympics I have been listen and taking to heart some advice that I have given service members and their family members. I have talk-

ed to a trusted counselor. At the location where I was deployed, there was a common comment that the place was on steroids. Operating 24/7, on demand to perform and perform well with others depending on you coming through created an adrenaline rush that could have pushed any of the Olympic athletes beyond a gold medal finish. There is a time and a place of adrenaline rush performance, but there is also a needed time to participate in life on a more sane play field.

This last year's Deployment for me was a very rewarding experience, and filled with some excitement and demands that at times

before anyone ever opens their mouth to complain. Communication enables members to express their needs, wants and concerns. Open and honest communication creates an atmosphere that allows members to express their differences as well as admiration for one another.

At the 148th Fighter Wing, when we hear critical comments can we accept them? Do we take informal polls to find out what's brewing below the surface? Do we look each other in the eye and say, "How is your day going?" Relationships between colleagues and managers will only be successful if ongoing communication occurs. Listening and communicating takes effort on all our parts but the payoff is a progressive, successful organization.



pushed me to grow beyond my comfort level and refine professional skills. Not being my first Deployment, Re-Deployment I thought would be a snap and a piece of cake. Besides a good chaplain does not talk about things that happened, plus having witnessed the results of poor OSPEC, why would I want too. Just a word

Story continued on page 5.

Medical Minute - Eliminate Hazardous Noise

By Captain Nate W. Grayson
148th Medical Group

Over the period of a career at the 148th Fighter Wing, unit personnel are exposed to several physical hazards including inclement weather, physical exertion and hazardous noise. Hazardous noise is one of the more common and controllable physical hazards on base and in daily civilian life.

Noise can severely affect your quality of life if exposure is left uncontrolled. Some of the effects of exposure to hazardous noise can include hearing loss, increased blood pressure, increased breathing rate, disturbed digestion and sleep difficulty. You can use the following rules of thumb for the general threshold for hazardous noise:

- You must raise your voice to be heard
- Speech around you sounds muffled or dull after leaving a noise area
- You have pain or ringing on your ears (tinnitus) after exposure to noise.

To control noise exposure in the workplace, hazardous noise areas are defined, surveyed with scientific equipment and exposed unit members are monitored. We first attempt to eliminate the hazardous noise by engineering out the source of noise. Second, we minimize the unit member's exposure by installing noise reduction equipment or by limiting the time of noise exposure. Last, we provide Air Force approved hearing protection (PPE) if the hazardous noise can not be eliminated or minimized.

Harmful noise exposures don't just occur in the workplace. At home and around the community, many areas produce hazardous noise without any warnings. Examples of noise levels considered dangerous are lawnmowers, rock concerts, firearms, firecrackers, headset listening systems, motorcycles, tractors, air tools, household appliances (garbage disposals, blenders, food processors/choppers, etc.) and noisy toys.

If you are exposed to noise at

home, several options exist for controlling your exposure to a loud noise hazard. The best control is to substitute the noise source with a quieter source or move away from the noise source. The next best option is to construct noise abatement around the noise source controlling the noise emitted. Third, by adding time constraints for working around hazardous noise and limiting the time exposed to hazardous noise will provide additional protection. The last remaining option is to use personal protective equipment (i.e. earplugs/muffs) when exposed to hazardous noise. Performing or installing these helps reduce your chances of noise affecting your health.

Be aware of hazardous noise sources at work and in the community and realize that hazardous noise occur in unexpected locations. Protecting yourself from the adverse health effects of hazardous noise is important and will greatly improve your quality of life now and later on.



60th Anniversary Books will be available for purchase during the 60th Anniversary Celebration. Call the 60th Anniversary Hotline 218-788-7063 for more information on all events.

Happy Birthday 148th Fighter Wing!

On September 17, 1948 a group of thirteen officers and thirty-seven airmen gathered at the Duluth Municipal airport to hear the reading of Special Order Number 144, ordering the activation of the 179th Fighter Squadron.

Check out the *NEW* 148th Fighter Wing website at www.148FW.af.mil

Chaplains (cont. from page. 3)

of caution there's enough demands in our everyday life to prompt us question what is a normal and sane balance; added to it the expectations of excellence that we maintain at the 148th and there's a likely we all could test positive for stress that easily become destructive in our lives.

Current stats show that while the military, and in particular the Air National Guard, are doing some wonderful things to help promote healthy life styles, there has been a rise in alcohol consumption amongst returning Guardsmen from Deployments. Going for a gold in beer consumption is not going give us a sense of fulfillment. Having a trusted person help us to not only

identify what balance is, but also what action will likely achieve balance. This will yield us not only a gold medal, but not fearing that all the good that we have done will be wiped away by being tested positive with unnecessary stress. If you are not sure whom you can seek help from contact Chaplaincy and we can show you the options.

148th Fighter Wing PROMOTIONS

<u>Rank/Name</u>	<u>Sq</u>
<u>As of June 2008</u>	
SRA JOHNSON, KARI	179FS
SRA WALKER, ANDREW	CES
SRA LUND, ASHLEY	MOF
A1C HOLMES, DANIEL	AMXS
A1C BECKWITH, LUKE	AMXS
A1C JOHNSON, DALTON	OSF
A1C ERIKSON, JASON	CES
A1C KUROSKY, KAPRI	CES
SSG SUONVIERI, KIRK	OSF
SSG BOMAN, MICHAEL	LRs
SSG PETCOFF, MITCHELL	MXS
SSG FURTMAN, DAMIEN	CES
SSG AUSTIN, ERIC	CES
TSG JOHNSON, ERICK	SVF
SSG PARPALA, JOSEPH	MXS
A1C LARSON, DARIN	MDG
TSG SWENSON, TOD	CF
TSG ENDER, KELLY	CF
A1C MILLER, JESSE	AMXS
A1C KRIZNER, KELLY	MSF
A1C FALL, WYATT	AMXS
A1C PETERSON, ANTHONY	CES
A1C LUNDBERG, LAUREN	HQ
A1C JENNISSEN, MATHEW	MXS
TSG LILYA, DANIEL	LRs
A1C WICK, ERIC	AMXS
TSG MICKEN, RACHEL	MDG

<u>Rank/Name</u>	<u>Sq</u>
<u>As of July 2008</u>	
SSG BOYNTON, KATE	MSF
SSG ROBERTS, ADAM	MXS
SSG JENNESS, JESSE	MXS
SRA RANDOL, SCOTT	AMXS
SSG ERICKSON, CASEY	SFS
TSG HOSTETTER, BLAKE	SFS
TSG PETERSON, JENNIFER	OSF
SSG HAFFLEY, PARKER	AMXS
SSG CLEMMER, DANIEL	SFS
SSG ANGELL, MATTHEW	SFS
SSG HOLLAND, MATTHEW	AMXS
MSG HECHT, ROBERT JR.	MXS
MSG KROB, THOMAS	MXS
MSG MCDONALD, DAVID	MOF
TSG PINGER, JEFFREY	MXS
TSG VOSS, NOLAN	MXS

<u>Rank/Name</u>	<u>Sq</u>
<u>As of August 2008</u>	
TSG DAHL, AMIE	HQ
SSG THRUBER, CHARLES	AMXS
MSG WATCZAK, MARK	CES
SSG ELLINGSON, CHRISTINE	MXG
SSG GRAYSON, SHANNON	MXS
SSG HOSTETTER, TANA	SFS
SSG SCHARTE, JOEL	MXS
SSG ARVIDSON, TYLER	MXS
SSG KMECIK, GARY	MXS
SRA LILJEGREN, BRYAN	MXS
SSG HENNES, RICHARD	179FS



CONGRATULATIONS

Airman's Creed

*I am an American
Airman.*

*I am a Warrior.
I have answered my
nation's call.*

*I am an American
Airman.*

*My mission is to Fly,
Fight, and Win.
I am faithful to a Proud
Heritage,
A tradition of Honor,
And a Legacy of Valor.*

*I am an American
Airman.*

*Guardian of Freedom and
Justice,
My Nation's Sword and
Shield,
its Sentry and Avenger.
I defend my Country with
my Life.*

*I am an American
Airman.*

*Wingman, Leader,
Warrior.
I will never leave an
Airman behind,
I will never falter,
And I will not fail.*

148th Selected for NGAUS Awards

By Capt. Audra A. Flanagan

On July 1, 2008, Director of the Air National Guard, Lt. Gen. Craig McKinley announced the 148th Fighter Wing was selected for a National Guard Association of the United States (NGAUS) Distinguished Unit Flying Plaque and the NGAUS William W. Spruance Safety Award for its accomplishments in calendar year 2007.

The Distinguished Flying Unit Plaque is awarded to five outstanding Air National Guard units that have shown excellence in achievement, dedication and service to the mission of the Air National Guard. The selection of the Distinguished Flying Unit Plaques are based on

exercises, deployments, inspections, human resources achievements, accident rate history and prevents and community involvement.

The William W. Spruance Safety Award is awarded to the Air National Guard unit that contributed most significantly to accident prevention in the reporting year. The selection of the award is based on measures taken to prevent accidents and promote safety in combination with mission accomplishment.

The awards will be presented at the September NGAUS convention in Baltimore, MD.



Big Bang Week - June Awards Ceremony



Check out the *NEW* 148th Fighter Wing website at www.148FW.af.mil

Recruiting Staff supports Duluth Air Show

By Master Sgt. Lisa K. Erickson

When contacted by the National Guard Bureau with the great news that John Klatt Airshows would be included in the 2008 Duluth Airshow, the 148th Fighter Wing Recruiting staff immediately went into action. Preparation for the Mobile Recruiting Team started about 90 days before the actual show, assembling a team of volunteers to work the July 19-20, 2008 event.

Master Sgt. Brenda McCarrison was the main point of contact for all volunteers. She solicited anyone who stepped into the Recruiting office for help with the Airshow. To ensure she had enough personnel to work the show she enlisted the help of our Student Flight personnel. This proved to be one of the best avenues to get our product out into the crowd.

Each of the volunteers was equipped with Air National Guard t-shirts along with backpacks filled with giveaways and lead cards to



The 148th Fighter Wing Recruiting staff stand next to Major John Klatt's world famous Staudacher S-300D and tour bus during the 2008 Duluth Airshow. Photo by Tech. Sgt. Jason W. Rolfe.

be filled out for interested applicants. We received over 100 completed lead cards from our volunteers who worked the crowd. The best part of "working the crowd" was the air gun provided by the National Guard Bureau staff to

shoot t-shirts and footballs into the crowd. Each group of our student flight personnel and other volunteer staff had the opportunity to go out and excite the crowd with the air gun.

Joining the 148th Recruiting staff of Master Sgt. Lisa Erickson, Master Sgt. Brenda McCarrison, Tech Sgt. Troy Skorich and 148th volunteers was the Recruiting & Retention Superintendent for the State of Minnesota Senior Master Sgt. Jim Shegstad. Also on hand was the 133rd Recruiting Staff including Master Sgt. Sheila Jessen, Tech Sgt. Tom Ganghi, and Staff Sgt. Bob Gindorf.

A special thank you goes out to Maj. John Klatt and his Superior team for a professional environment to conduct recruiting business. His team was extremely helpful the entire week to ensure we had all we needed to conduct the Airshow very seamlessly!

Senator Coleman visits 148th Fighter Wing

By Staff Sgt. Nancy L. Hanson

Minnesota State Senator Norm Coleman along with Major General Larry Shellito, Adjutant General of the State of Minnesota, visited the 148th Fighter Wing on Friday, June 13, 2008 to tour the base and discuss the future of the 148th.

Upon arriving in Duluth, Coleman received a warm reception from 148th Airmen in appreciation for his dedication to the Wing. Coleman is a powerful advocate for the 148th, writing a letter to the Air Force Secretary praising the unit's accomplishments and encouraging future mission and aircraft upgrades.

Coleman spent the morning

meeting with members of the Duluth Chamber of Commerce, Duluth Area Military Affairs Committee, and other local leaders. During Coleman's tour of base facilities, he met with 148th members, shaking hands and thanking them for

their service.

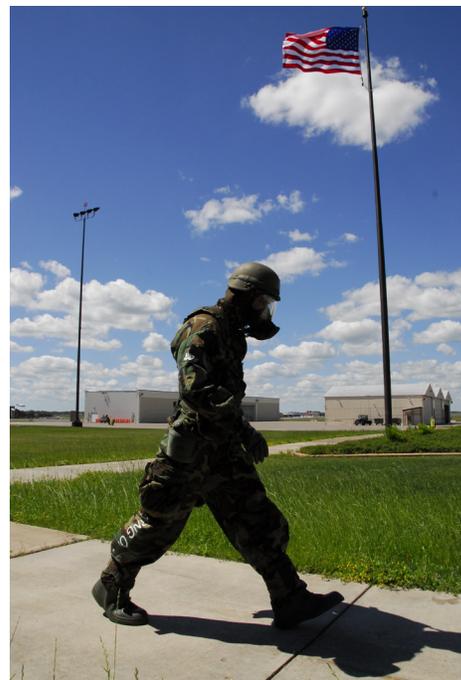
While being interviewed by local media Coleman spoke enthusiastically about the community support and involvement the 148th gives to and receives from the local community.



Minnesota State Senator Norm Coleman gets a tour of the new Fire Hall during his visit to the 148th Fighter Wing. Photo by Tech. Sgt. Brett R. Ewald.

OPERATIONAL READINESS EXERCISE - CORONET CRAPPIE

Members of the 148th Fighter Wing tested their “readiness” skills during August’s Operational Readiness Exercise. Members will have a few more opportunities to polish their skills prior to the 2009 Inspection. Photos by Tech. Sgt. Brett R. Ewald.



Check out the *NEW* 148th Fighter Wing website at www.148FW.af.mil

New 148th Fighter Wing Website

Public Affairs is excited to announce the launch of our new 148th Public Website!

The new URL is: www.148fw.ang.af.mil The new URL replaces the “mndulu.ang.af.mil” public site and a re-direct will soon be in-place.

We will continue to shape, improve and use this great new tool to exercise our strategic communications plan for the wing. The site will create a unified vehicle to get the news and information of the 148th to the right people at the right time.

It provides news, photos, art, history, recruiting information, and other resources such as the Guard Family Network to the public. There are many new areas on the site, too many to mention. Please take a look.

Tuition for Spouses

Service Members who meet the following criteria may opt to have their Spouse use a portion of the remaining balance of their State Tuition Reimbursement Grant.

- Are serving satisfactorily in the MN National Guard
- Have served at least 8 years of service in the Minnesota National Guard
- Are between the ranks of E1 – O5
- Annual Cap: Spouses may use up to 12 semester/17 quarter credits annually, not to exceed the sponsoring Service Member’s lifetime benefit of 144 semester/208 quarter credits.
- Payment procedures will remain the same as for the Service member, and all payments will be direct deposit into the sponsoring Service member’s bank account.

Please stop down and pick up a direct deposit form (located in Base Training next to the basket that you turn your payment requests in). Just fill out the form and put it in the basket. Please try to get this form filled out a month or two before you turn in your payment request (it takes some time to process.) For more information contact Master Sgt. Jennifer Cheslak at 218-788-7596.

Minnesota GI Bill

Full-time undergraduate or graduate students may be eligible to receive up to \$1,000 per semester or term and part-time students may be eligible to receive up to \$500 per semester or term.

You must be a Minnesota resident enrolled at Minnesota institutions who is a:

- Veteran who is serving or has served honorably in any branch of the United States armed forces at any time on or after September 11, 2001.
- Non-veteran who has served honorably for a total of five years or more cumulatively as a member of the Minnesota National Guard or any other active or reserve component of the United States armed forces, and any part of that service occurred on or after September 11, 2001.
- Surviving spouse or children of a person who has served in the military at any time on or after September 11, 2001, and who has died or has a total and permanent disability as a direct result of that military service.



Current Job Openings:

- Family Physician
- Public Health Officer
- Flight Surgeon Internist
- Avionics Test Station & Components
- Avionics Systems
- Aerospace Ground Equipment
- Aircraft Fuel Systems
- Aircraft Electrical & Environmental Systems
- Ground Radio Communications
- Munitions System
- Aircraft Armament Systems
- Information Management
- Power Production
- Structures
- EOD
- Security Forces
- Health Services Management
- Optometry Helper

Call a recruiter today
1-800-831-7027
www.goang.com

New GI Bill

The Post- 9/11 GI Bill is a new benefit providing educational assistance to individuals who served on active duty on or after September 11, 2001.

Post-9/11 GI Bill benefits are payable for training pursued on or after August 1, 2009. No payments can be made under this program for training pursued before that date.

If you are a member of the Armed Forces on August 1, 2009, the Department of Defense (DoD) may offer you the opportunity to transfer benefits to your spouse or dependent children.

Visit WWW.GIBILL.VA.GOV for up to date information on this and other education benefits.

News around base

148th Fighter Wing represented during Grandma's Marathon

By Capt. Audra A. Flanagan

In June, the 148th Fighter Wing supported Grandma's Marathon with a 2-ship F-16 fly-over at the start of the race. Laura Bergen, Director of Event and Program Development Grandma's Marathon said "We are so proud to have the men and women of the 148th involved with our events each year. Having the crew perform a fly-over at the start of the race means so much to our participants and our organization. It is truly an inspirational way to get the marathon underway and I think I speak for all of our participants when I say it certainly helps make the start of our race one of the best in the nation."

In addition to the fly-over, 148th members volunteered in vari-

ous capacities. Master Sgt. Keith Johnson who has run 10 Grandmas Marathons and 18 total marathons volunteered with his daughter, Staff Sgt. Summer Johnson at a water station near Fitger's Inn. Master Sgt. Johnson said "As a former participant of Grandmas Marathon and other marathons over the years, I know how important volunteers are for the event itself along with the participants. Hearing the word thanks as they grabbed the water and the smile on the faces of most made it worth while. Also working the event with my daughter makes it that more enjoyable."

More and more 148th members continue enjoy the races during Grandma' Marathon weekend, congratulations to the following 148th race participants:

Couples Enrichment Weekend at Camp Esquagama

By Jennifer Kuhlman, Family Program Coordinator

Thanks to an initiative from the National Guard Bureau, money was given to the Air National Guard to hold Strong Bonds Couples Enrichment.

Twenty four 148th Fighter Wing couples converged upon Camp Esquagama in Biwabik the last weekend of June. With sessions led by the 148th Chaplains and Assistants, the participants were given tools to help improve their communication skills to help their relationships grow stronger. During the weekend the couples also had the opportunity



Couples enjoy one of the many delicious meals provided free of charge. Photo by Peggy Sue Slocum.

to participate in several bonding activities: water skiing, fishing, archery, kayaking, crafts, and there was even a group kickball game! Another Strong Bonds weekend in collaboration with the 128th ARW from Milwaukee, WI will be held September 19-21, 2008 at Holiday Acres Resort in Rhinelander, WI. For more information on Strong

Grandmas Marathon:

Col. Jay Butcher
Sr. Master Sgt. Steve Samuelson
Tech. Sgt. Jeff Kreager
Lt. Col. Eric Chandler
Tech. Sgt. Randy Johnson
Tech. Sgt. Justin Pederson

Gary Bjorkland Half Marathon:

Col. John Spencer Jr.
Lt. Col. Scott Chambers
Capt. Audra Flanagan
Master Sgt. Glen Flanagan
Sr. Master. Sgt. Julie Samuelson
Sr. Master. Sgt. Lynn Brophy
Master Sgt. Paul Erickson
Master Sgt. Mark Wasserbauer
Tech. Sgt. Devin Bergman
Tech. Sgt. Alan McDonald
Sr. Amn. Whitney Olson
Lt. Col. Mary Jukich
Maj. Chris Cloutier
Capt. TJ Rendulich
1Lt Ryan Durand
Sr. Master. Sgt. Julie Samuelson
Master Sgt. Jeff Barbee
Master Sgt. Floyd Zylka
Tech. Sgt. Josh Gookins
Staff Sgt. Nick Downs

Bonds or to register call Jennifer Kuhlman at 218-788-7833.



Master Sgt. Conrad Slocum perfects his archery skills during the Strong Bonds Retreat. Photo by Peggy Sue Slocum.

148th Fighter Wing 60th Anniversary Celebration

Friday, September 12, 2008

60th Anniversary Social help at Spirit Mountain from 6:00 to 9:00pm for past and present members of the 148th Fighter Wing.

Cost: \$15.00

Hors Devours and Cash Bar

Saturday, September 13, 2008

Family Day and Oktoberfest 1:00 to 4:00pm Family Day



148th Fighter Wing Retiree Meeting Minutes

19 June 2008

This meeting was held in conjunction with the annual retired breakfast at the 148th Dining Facility. 84 retired members attended a fine breakfast served by Master Sgt. Roland Schaeffbauer and his excellent staff.

Before the breakfast was the Pledge of Allegiance, invocation and moment of silence for the passing since last June (Nanette LeVasseuer, William Wennberg, Edward Stansfield, Richard Lomoe, Dennis Greenwood, Einar Hoven, John Butler, Warren Magnuson, Carl Dahlin, Dennis Andres, Mark Whitely, Joseph Rukavina, Philip Ochino, Joseph Walczynski, Clemence Pasek, Charles Gronseth, Ronald Nelson, Thomas Filiatrault, Willard Peterson, Wallace Cadotte, Mark H. Johnson, Wayne Teachworth, Alan Harri and Kyle Walkowiak).

During breakfast, Captain Audra Flanagan presented a slide briefing of 148th activities during the last year. Included were alert deployments to Shaw Air Force Base, Hawaii and Alaska. All of this was done in conjunction with home station alert and numerous inspections including an Operational Readiness Inspection. The 148th

and its members received numerous awards including the Air Force Outstanding Unit Award. The performance of the 148th and Audra's briefing were Outstanding!

President Barb Herrington called the meeting to order at 10:05 a.m.

- Minutes were not taken at the previous meeting as the meeting was cancelled.

- Larry Burda reported no financial activity since the last report and a balance of \$908.11.

- Officers elected were Al Eastman, President; Tom Sinnott, VP; Barb Herrington, Secretary and Larry Burda, treasurer. Dave Udd and Bob Bloom will be Service Club representatives.

- Captain Flanagan briefed on the upcoming 148th 60th Anniversary celebration that will include a reception at Spirit Mountain on 12 September and Oktoberfest on 13 September. Retirees are encouraged to attend both events. The Retirees Association will support the Friday event with a check for \$415 (\$300 plus \$115 donated).

- BG Klosowski announced the airshow on 19 July with military admitted free to the practice on 18 July.

For past and present members and their families.

Includes kids games, F-16 static display, P-51 static display, Car Show and much, much more!

4:00 to 11:00pm Oktoberfest

For past and present members.

Oktoberfest meal provided by Upper Lakes Foods.

Includes music, dance and homebrew contest.

- Rich Dumancas briefed on veteran affairs issues and the Veterans Appreciation event at the Holiday Inn on 26 September.

- Eastman gave an acceptance speech as President-elect.

Meeting adjourned at 11:05 a.m.

Afterward, 30 retirees toured the new Fire Hall north of the runway.

Thanks Capt. Flanagan for all your work on behalf of the Retirees.

Larry Burda, Secretary

Reminder: If you move, give the 148th your new address to get your

New from the Bulldog BX

Help celebrate the 148th Fighter Wing's 60th Anniversary celebration with these new bottle cozies.

These collapsible bottle cozies have a zipper w/ o-ring making them easy to carry and can fold up for your back pocket.

Great for the camp ground or your back deck! Colors: Black, Navy Blue, or Forest Green.

Available now for \$2 each or 3 for \$5.00. Contact Master Sgt. Mark Wasserbauer at 218-788-7479.



BulldogBits



By Lt. Col. Penny J. Dieryck

It's Sunday night, August 17, 2008, my Bulldog Bits column is late, and I'm searching for ideas to write about. As I'm thinking, I hear the television. Bob Costas, NBC Sportscaster, is interviewing Michael Phelps, the great Olympic swimmer who has won 8 gold medals in the Summer Games. As I reflect on Mr. Phelps accomplishment, I turn to our upcoming 148th Olympics, and I know we can also win the gold medal for our impending pentathlon.

Our 148th Olympic event starts on Sunday, August 24, 2008 as we complete our physical fitness tests. Push ups, sit ups, step tests, or a 1.5 mile run around the Hermantown track. The number of 148th'ers who are working hard to get in shape and pass the test is amazing. That is our first leg in our gold medal quest.

That same afternoon and during the next four days, the Wing steps up onto the launch pad to take on the "STARBASE" race. This event includes the hosting of over 90 children in the 4th through 6th grades who will be on the base getting educated about outer space. Their goal is to get to Mars

and learn about space missions. They'll get to see F-16s and Cirrus aircraft up close. This is our second event of the 148th pentathlon.

Before the second event is over, the Wing uses its keen diversity and athleticism to move to events three and four. Event number three is the acceptance, movement, processing and deployment of equipment, cargo, and people back to Iraq. We start our third rotation of our aviation package to Southwest Asia to support the "Troops in Contact!" Not only will we have maintenance, operations, and mission support group personnel deployed forward, we'll also have expeditionary combat support members from various specialties located in Europe and Asia to assist in the gold medal quest to support Operations IRAQI and ENDURING FREEDOM.

As we begin our third event, we also undertake the responsibility of our fourth event, supporting the Republican National Convention. We'll be on hand to provide protection to President Bush and Senator John McCain. It will be an honor and a pleasure to show them the 148th gold medal performances as we fly the friendly skies of Minnesota and support the Joint

Task Force and AFNORTH accomplishing all tasks placed upon us throughout this special event.

Our 148th participation in the pentathlon comes to a finish the weekend of September 12-14, 2008. During that weekend, we'll host the 60th anniversary celebration of the Wing. The event is broken down into a retiree reunion with our current members Friday evening September 12, 2008 to be held in the Eagle's Nest at Spirit Mountain. Saturday we roll into the second phase of the event with Family Day from 1:00 to 4:00 p.m. Then that afternoon, we'll have a 60th Anniversary formal ceremony followed by Oktoberfest. We end the pentathlon not only celebrating the 60th Anniversary of the 148th Fighter Wing but also by forward deploying our aircraft and en-route support package to Iraq.

By the 16th of September, the 148th pentathlon should be completed. We'll be standing on the Olympic podium to accept our Gold medal. It will be a whirlwind three weeks with lots of work, physical display of muscle and motion, and sheer emotional energy poured into our Wing's "Proud Tradition" of "Being, Providing, and Expecting the Best."

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