

# ON FIVE

October • November • December



Neighbors  
Helping  
Neighbors

# Commander's Column

Fellow Bulldogs,

As I write this article the end of an era has quietly arrived at the 148th Fighter Wing - Our Aerospace Control Alert (ACA) forces officially went "Off Status" on Oct. 1, 2014. While our home station (Duluth) Alert mission ended in 2013, a call from National Guard Bureau leadership to help support the 144th Fighter Wing F-15 conversion in Fresno, Calif., kept us in the ACA business until just recently.

As you may know, the 148FW has been involved in the North American Aerospace Defense Command (NORAD) Alert mission for many, many years. Here are just a few highlights:

The 148th began supporting NORAD missions when it assumed its new role in Air Defense in 1959 while flying the F-89 Scorpion (1959-1966)

The 148th remained in the Air Defense business with the F-101 Voodoo (1971-1976); however, gave up their Air Defense mission in 1976 when it converted to the RF-4C Phantom II

The 148th again supported the NORAD mission in 1983 while it flew the F-4D, Phantom II

In 1987, the 148th volunteered to maintain NORAD Alert at Loring Air Force Base, Maine

In 1989, the 148th began an Alert commitment at Fresno Air National Guard Base, Calif.

In 1990, the 148th began an Alert commitment at Tyndall Air Force Base, Fla. which continued until 2003

In 2001, the 148th responded quickly to the terrorists attacks of September 11th; both at home station and at the Tyndall Air Force Base, Fla. Alert Detachment

Following September 11, 2001, 148th personnel immediately stood up Alert at Minneapolis IAP

In 2002, the 148th supported Alert at Duluth, Minneapolis and Langley Air Force Base, simultaneously

In November 2003, the 148th supported POTUS missions at Carswell Joint Reserve Base, Texas

In June 2007, the 148th supported a short-notice tasking to stand up a second alert detachment at Shaw Air Force Base, S.C. after Shaw was taken off Alert. The 148th was on status within 33 hours of notification and executed an active air scramble within 48 hours of arrival

In November 2007, the 148th responded quickly when the Air Force grounded its fleet of F-15s by immediately deploying personnel, aircraft and equipment to Hickam AFB, Hawaii in support of the PACAF ACA mission

After returning home from Hickam Air Force Base, Hawaii in January 2008, the 148th was asked to take over Alert at Elmendorf Air Force Base, Alaska in support of NORAD missions after the long-term grounding of the Air Force's fleet of F-15s. While at Elmendorf, the 179th Fighter Squadron became the first F-16

unit to intercept a Russian Bear Bomber off the coast of Alaska

In September 2008, the 148th established an ACA Detachment with 4 F-16s and 44 Operations and Maintenance personnel at Minneapolis IAP, where they supported the Republican National Convention. Additionally, the 179th had 6 F-16s and 70 personnel "On Status" at Duluth. During this one-week event, the 179th executed 2 active scrambles, 3 Air Patrols, 6 Battle Station Calls and 10 cross country sorties. 179th pilots prosecuted 5 Temporary Flight Restriction (TFR) violations during the RNC, not allowing any aircraft to penetrate the protected ring around the National Special Security Event (NSSE).



Col. Jon S. Safstrom  
Vice Commander, 148th Fighter Wing

In April 2009, 2 148th fighters intercepted a small Cessna aircraft near Michigan's Upper Peninsula and the Wisconsin border. The Cessna, which departed Thunder Bay, Ontario, was reported as stolen and entered the United States after flying over Lake Superior. 179th pilots identified the aircraft and attempted to establish

## "The only thing con

communication with the pilot. The Cessna was unresponsive and was handed off to the Wisconsin and Louisiana Air National Guard prior to landing in Poplar Bluff, Mo.

In July 2009, the 179th Fighter Squadron was presented with the 2008 Raytheon Trophy; awarded to the Air Force's most outstanding Air Superiority Squadron.

In September 2011, the 148th sent 4 experienced Alert Crew Chiefs to Fresno Air National Guard Base, Calif. to help augment and mentor their Alert mission

In 2013, NORAD and DoD budget cuts led to the closing of the Duluth Alert site. Personnel and equipment immediately transitioned to Fresno, Calif. to support the 144FW conversion to the F-15

# ON FIVE

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October-December 2014, Volume 60, Number 4

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## UTA SCHEDULE

UTA	SUTA
01-02 NOVEMBER	15-16 NOVEMBER
06-07 DECEMBER	None DECEMBER
08-11 JANUARY	24-25 JANUARY
07-08 FEBRUARY	21-22 FEBRUARY
07-08 MARCH	14-15 MARCH
11-12 APRIL	25-26 APRIL
16-17 MAY	02-03 MAY
13-14 JUNE	06-07 JUNE
None JULY	18-19 JULY
01-02 AUGUST	15-16 AUGUST
19-20 SEPTEMBER	None SEPTEMBER
03-04 OCTOBER	17-18 OCTOBER
14-15 NOVEMBER	21-22 NOVEMBER
05-06 DECEMBER	None DECEMBER

## ON THE COVER



Erin Currier (Habitat Volunteer Coordinator) Staff Sgt. Whitney Olson, Staff Sgt. Andrew Busam, Tech. Sgt. Alexandra Olson, Staff Sgt. Aaron Couch, Tech. Sgt. Ryan Ostrowsky, Tech. Sgt. Jenny Reichtertig, and Melissa (Home owner) pose for a photo during construction Oct. 4, 2014. (U.S. Air Force Photo by Tech. Sgt. Amie M. Muller)



stant is change."

Oct. 1, 2014, 148th personnel handed over the Alert responsibility to the newly transitioned 144th Fighter Wing and concluded almost 55 years of performing the NORAD Alert mission

For many of us that have spent the better part of our military career performing or supporting the Alert mission, Oct. 1, 2014 was a difficult day. Our shared history supplies evidence that the 148th Fighter Wing was arguably the longest serving and one of the most technically proficient Alert units in the United States. Quietly ending over 5 decades of corporate

mission knowledge seems like a vast waste. But, as the Greek philosopher Heraclitus once said, "The only thing constant is change." From a positive standpoint, we will bring all of our jets and people "back into the fold" at Duluth and be able to concentrate on our primary federal mission of Suppression of Enemy Air Defenses (SEAD). I urge you to continue to do the best you possibly can on every deployment, training mission and inspection and keep contributing to our Legacy of Excellence here at the 148th. One thing we know for sure, when that "constant change" thing comes back around and we're asked to perform the ACA mission somewhere else, we'll be ready.

# Running Toward Fires

By Tech. Sgt. Scott G. Herrington, 148th Fighter Wing Public Affairs



148th Fighter Wing members Tech. Sgt. Wayne Jenderny, Staff Sgt. Joel Waters, Staff, Sgt. Nicholas South and Maj. T.J. Rendulich pose for a photo during training at the Minneapolis Fire Fighting Academy, July 2, 2014. (Courtesy Photo.)

"You don't even think about it," said Tech. Sgt. Wayne Jenderny, fire fighter at the 148th Fighter Wing. "The Air National Guard has trained us to put our own needs aside for those people that need our help."

Jenderny is among four members of the 148th Fighter Wing that have gone through the intense hiring and training required to join the Minneapolis and St. Paul Minnesota Fire Departments.

"Our Air National Guard training is immeasurable," said Jenderny. Having served full-time as a fire fighter with the 148th for nine years, Jenderny is taking his military-bred disciplines to his new department in South Minneapolis. "The training the Air National Guard has given me has paved the way for this opportunity. I'm able to walk into that department feeling trained."

After making it through a pool of more than 6,000 candidates, Jenderny and 148th Fighter Wing Fire Fighter Staff Sgt. Nicholas South successfully completed 105 days of training at the Minneapolis Fire Fighting Academy, graduating July 11, 2014.

"We were the first class in recent history with 100 percent pass rate," said Jenderny, of his 19 student graduating class, 18 of whom were current or prior military. "I think it was due to the sense of responsibility and attention to order that comes with military service."

148th Fighter Wing members Maj. T.J. Rendulich and Staff Sgt. Joel Waters fought their way through the candidate pool and were hired onto the St. Paul Fire Department, taking their experience and military values with them.

Due to an increase in importance for veteran employment in Minnesota, Gov. Mark Dayton has announced a new program that provides free hotel rooms while veterans seek work. Veterans who completed at least 180 consecutive days on active duty earn 10 preference points when applying for local government jobs, increasing their chances of standing out among applicants. The federal government raised that number from five points last year, which makes this cadet class only the second to be chosen incorporating the additional preference points.

"I've always wanted to be a fire fighter," said Jenderny.

**"It's a dream job."**

# The War Starts Tomorrow

By Capt. David Betts, 179th Fighter Squadron



Employees of the Distributed Training Operations Center Remote Capability simulate a daily training exercise at the 148th Fighter Wing, Duluth, Minn. Oct. 2, 2014. The employees, also pilots with the 179th Fighter Squadron, use years of professional experience to simulate a real military mission while in a virtual environment. (U.S. Air National Guard photo by Master Sgt. Ralph J. Kapustka.)

## Virtual warfare is the future of training and the MN Air National Guard's 148th Fighter Wing was asked to be a part of training the Combat Air Force, globally.

Over the last year, the 148th Fighter Wing has remodeled existing operations infrastructure to house a facility called a Distributed Training Operations Center (DTOC) Remote Capability (DRC). The DRC will provide a tactical civilian employment opportunity for the Minnesota Air National Guards' traditional combat aviators and increase their proficiency and currency in F-16 multi-role tactics techniques and procedures while training ANG and other U.S. Air Force warfighters. Virtual Warfare is the future of training and securing this opportunity diversifies the 148FW's integration with the Combat Air Force (CAF) and increases the sustainable infrastructure of the MN ANG 148FW.

The DRC in Duluth, Minn. is essentially a franchise of a large networked training hub called a DTOC in Des Moines, Iowa. Through

network connections to the DTOC, event controllers in Duluth are able to train ANG and other U.S. Air Force units around the world. The DRC's mission is to remotely increase event capacity of the DTOC and provide realistic, relevant training opportunities to the Warfighter by generating frequent, small-scale, team level tactical scenarios. For example, as pilots at Vermont's ANG Mission Training Center sit inside their simulators, event controllers from computer consoles in Duluth, Minn. populate the simulator environment with hostile, friendly, and neutral aircraft, surface-to-air missile systems and real-time radio communications. These simulator events are based upon user requests and may free-flow for an entire 1.5 hour period or be stopped periodically for part-task debrief in order to optimize the user's training efficiency.

Many sections around the 148FW have worked countless hours on defining the legality of on-site DRC operations, coordinating contractors, designing and remodeling the facility, coordinating and installing network connections and establishing security infrastructure and countermeasures. All of you who have had a hand on this project have been an integral part in standing up the DRC. I would like to thank you for all your time, hard work and often creative thinking that enabled us to meet our operational timeline.

At a time of transition from years of executing the mission of Aerospace Control Alert, to resuming civilian careers, no other local civilian employment opportunity can match what the Duluth DRC will bring to the fight; what you have brought to the fight. To coin the DTOC's motto, "The War Starts Tomorrow."

# RABIES, PEOPLE, AND PETS: What you should know

By Lt. Col. Charles E. Moberg, 148th Fighter Wing Medical Squadron

If you have a pet dog or cat you have probably taken the animal to your local veterinarian for vaccinations which should include the rabies vaccination. As a result of this, your veterinarian may have provided you with some information on the importance of rabies vaccination for the protection of you and your pets as well as the local community at large. If so, this provided you some of the information which is important for you and your family to know, but there are other aspects of rabies that are also important to know whether you're a pet owner or not.

Rabies has been recognized for over 4,000 years and is seen almost worldwide. Rabies virus causes acute infection of the central nervous system. Infection in humans is almost exclusively caused by the bite of a rabid animal. Worldwide, 40,000-70,000 people die from rabies each year with the U.S. mortality rate at 10 annually. There are five general stages of the infection recognized in humans: Incubation, prodromal period (general nonspecific symptoms), acute neurologic period (clinical symptoms), coma, and death. The incubation period (the time of infection to clinical disease) is usually one to three months. If left untreated or unvaccinated, the infection is almost always fatal. If PEP (post-exposure prophylaxis) is started soon after the initial infection, it is very effective as a life-saving measure. If PEP isn't started until the onset of clinical symptoms, success is much more limited due to permanent neurologic damage possibly resulting in death.

PEP consists of immediate cleansing of the bite wound site and initial part dose of immune globulin (an antibody which binds directly to the virus disabling it) directly into the bite wound with the rest given in the gluteal muscle area. A dose of rabies vaccine stimulates the body to produce antibodies to fight the virus is also initially given in the shoulder muscle with repeated doses given on days three, seven, 14, and 28. It is recommended that certain groups of people such as veterinarians, wildlife

specialists, research lab workers, and animal control workers receive pre-exposure vaccination. Immune globulin is not given to individuals previously vaccinated for rabies in the event of an exposure (bite or abrasion with an animal known or suspected to be rabid).

As in humans, other mammals are usually infected through the bite of a rabid animal. There are two forms of the disease: 1) dumb rabies in which the animal does not eat and becomes lethargic and 2) furious rabies in which an animal shows aggressive and vicious behavior. According to the Minnesota Board of Animal Health (BAH), only 10 percent of confirmed animal rabies cases are currently found in domestic animals with the remainder of the cases found in wildlife. In Minnesota, cattle, cats, and dogs are the domestic species most often reported as rabid and in wildlife the skunk strain as well as several bat strains are the most common.

In Minnesota, the BAH investigates rabies cases and may quarantine exposed animals to prevent the spread of the virus. An unvaccinated animal (which includes animals that have been vaccinated, but are not current) may have to be quarantined for six months whereas an animal which is current on vaccination would only be quarantined for three weeks. In cases of exposure to either humans or animals by a suspected rabid animal, the most definitive way to rule in or rule out rabies is to submit the head to the University of Minnesota Diagnostic Lab in St. Paul, Minn. Also though, do not shoot the animal in the head if you plan on submitting it for testing. Remember, seeing a skunk in the winter when it's well below freezing is abnormal, so I would recommend eliminating it. In the case of bats, they can be trapped and sent live to the lab. Your local veterinarian can help facilitate the submission of any such specimen.

One of the ways you can help protect your pet and thereby your family in the event an exposure occurs is to maintain current rabies vaccination status of your pets and some classes of livestock.



There are one year and three year vaccines, with the one year requiring an annual booster and the three year requiring a booster only once every three years (after an initial booster after one year). Most vaccines are approved for dogs and cats with some approved for one or more of the following species: horses, ferrets, sheep and cattle. Only dogs and cats have been approved for the three year booster on three year vaccines even if it is approved for other additional species.

Because a bat's teeth are so small that a bite wound may not be felt or noticed, the Minnesota Department of Health (MDH) recommends that a bat should be sent in for rabies testing if a person has had any physical contact with a bat, a person wakes up to find a bat in the bedroom, a bat is found in the bedroom of an unattended child, or a bat is found in a room with anyone unable to reliably communicate whether or not there was physical contact. To capture a bat, use a container with lid and, wearing gloves and approaching slowly, place the container over the bat and slide the lid underneath the bat, flipping the container over and taping it. Remember, you can send a live bat to the diagnostic lab and you can also ask for assistance from your local veterinarian.

Although vaccination, education and surveillance have greatly reduced the general incidence of rabies cases confirmed in both people and animals the risks are still present and precautions still need to be observed. Never attempt

Continued on Page 10

# Chief's Corner: Community College of the Air Force

By Chief Master Sgt. Blye G. Chehock, 148th Fighter Wing Maintenance Squadron

The newest revision of AFI/ANGI 36-2502 is scheduled for release Oct. 1, 2015. Normally, the implementation of a revised regulation often goes off with little fanfare. This will not be the case for this regulation. Verbiage slated to be incorporated spells out exactly what will be required for members to be promoted to the rank of Senior Master Sergeant. (E-8) and Chief Master Sergeant. (E-9). Of importance, will be the requirement for the completion of the Community College of the Air Force (CCAF) Associates degree. Please keep in mind that is in addition to the Senior NCO Academy, Course 14 Professional Military Education (PME) requirement.

Although this requirement sounds overbearing, it is actually closer than most people realize. Upon graduation from tech school, you are automatically enrolled in the CCAF degree program which corresponds with your AFSC. Credits are awarded through the completion of Basic Military Training, technical schools, Career Development Courses (CDC), skill level, as well as PME. Other credits may be completed through college courses or College Level Examination Program (CLEP) testing.

If you already have some college coursework under your belt, you should submit your official transcripts to CCAF. Verification of previous college coursework is critical in receiving credit towards your CCAF degree. I venture to say that the majority of the enlisted members have some type of technical/university college coursework already completed. The CCAF website has a user friendly college coursework guide which specifies which courses can be transferred for credit into the CCAF.

A point to keep in mind is that like any other college, CCAF accepts only certain college course work. Wouldn't it be nice if all college courses completed were transferable to all colleges attended? Unfortunately, that's not the case. Each institution applies its own criteria for credit evaluation policies to determine acceptability and applicability



of courses to transfer. CCAF's current general education degree requirements are satisfied by applying course work accepted in transfer from accredited, degree-granting institutions and by college-level testing through CLEP, DANTES Subject Standardized Tests, Excelsior College and Advanced Placement Exams.

CCAF closely observes the faculty requirements mandated by the Southern Association of Colleges and Schools (Air University accrediting agency) for instructors teaching general education coursework. Specifically, all instructors who teach general education courses must have a Master's degree in the teaching discipline or any Master's degree with at least 18 semester hours in the teaching discipline for transferred coursework to be accepted.

What if I already have a four year or even a Master's degree? Shouldn't this meet the intent of the AFI? Unfortunately, "no" will be the answer for the foreseeable future. The CCAF degree is what is to be required. Unfortunately, the ANG as a whole has not done a very good job reporting college coursework. When reports are pulled, the enlisted of the active duty USAF currently have more documented college coursework

and CCAF degrees awarded than ANG hence the current push across the Air National Guard to get your education accomplishments updated.

Sir Winston Churchill said it best, "To each, there comes in their lifetime, a special moment when they are figuratively tapped on the shoulder and offered the chance to do a very special thing, unique to them and fitted to their talents. What a tragedy if that moment finds them unprepared or unqualified for that which could have been their finest hour." While it may seem unimportant now, ensuring your education requirements are met and academic transcripts are properly reported may be the difference in moving forward during your finest hour as compared to watching it pass by.

For the current Senior Master Sgt. and Chiefs who may be sighing with relief, please remember what the little brown book says. AFI 36-2618, Chapter 5, paragraph 5.1.9, "Clearly meet, and strive to exceed, the standards and expectations levied upon all junior enlisted Airmen and NCO's". For additional information and resources, please contact Tech. Sgt. Holly Kneisl with Force Development at (218) 788-7596 and visit the CCAF public site at <http://www.au.af.mil/au/ccaf/mil>.

# Making a Difference

By Tech. Sgt. Amie M. Muller, 148th Fighter Wing Public Affairs

On Oct. 4, 2014, on a cool, fall Saturday, members of the 148th Fighter Wing volunteered to help Habitat for Humanity build a storage shed and excavate for a sidewalk for a local family.

This marks the third year in a row that 148th Fighter Wing member Tech. Sgt. Ryan Ostrofsky coordinated volunteer efforts between the 148th and Habitat for Humanity. Ostrofsky, owner of the local company Rymel Construction, often partners with and donates his construction equipment for use in Habitat for Humanity renovations.

Habitat for Humanity is a service group aimed at offering low-cost homes for families in need. 148th Airmen strove to embody both Habitat for Humanity's motto of "Neighbors Helping Neighbors" and the Minnesota National Guard's goal of meeting community demands through service.

The Habitat for Humanity organization has several volunteer opportunities and 100 percent of the proceeds of a restoration are given back to the organization to help fund local community renovation projects for families in need. This undertaking is part of an effort to meet the 148th's annual goal of 4,500 hours of volunteer service by wing members. 148th Fighter Wing Command Chief Master Sgt. Mark Rukavina noted that the Habitat for Humanity project is an "opportunity to give back to the community."



Tech. Sgt. Ryan Ostrofsky, 148th Fighter Wing, uses a skill saw to cut plywood during construction Oct. 4, 2014. (U.S. Air National Guard photo by Tech. Sgt. Amie M. Muller)



Staff Sgt. Whitney Olson, 148th Fighter Wing, uses a nail gun to nail a truss during construction Oct. 4, 2014. (U.S. Air National Guard photo by Tech. Sgt. Amie M. Muller)

# Bulldogs Near and Far

Staff Sgt. Greg White holds a chicken for a child of a 148th Fighter Wing member during the Bulldog Country Fair, Sept. 13, 2014. (U.S. Air National Guard photo by Tech. Sgt. Amie M. Muller)



A member of the St. Louis County Sheriff's Dept. hands cards with pictures of his partner, Kilo, to children of 148th Fighter Wing members during the Bulldog Country Fair, Sept. 13, 2014. (U.S. Air National Guard photo by Tech. Sgt. Amie M. Muller)



Capt. Jodi L. Kiminski, 148th Fighter Wing Executive Officer, sings the National Anthem during a UMD Bulldogs football game as part of the University's military appreciation events, Oct. 4, 2014. (U.S. Air National Guard photo by Ralph J. Kapustka)



# MASTER SERGEANT

## RYAN GIGLIOTTI

### WHY I SERVE:

THE PEOPLE. BEING PART OF A TEAM. BEING PART OF SOMETHING BIGGER THAN YOURSELF."

### HOMETOWN:

DULUTH, MN

### AFSC:

QUALITY ASSURANCE INSPECTOR

### RECENT ACHIEVEMENT:

2013 CIVIL SERVANT OF THE YEAR



# QUALITY ASSURANCE

Photos by Tech. Sgt. Brett R. Ewald  
Graphic Illustration by Tech. Sgt. Scott G. Herrington

# Click-A-Flick to Make Your Day

By Chaplain Thomas Foster, 148th Fighter Wing Chaplain's Office



There are many things that influence our day, and at the end of the day most hope at the very least there has been a few moments of happiness and calm. As we prepare to begin another year, the members of the 148th Chapel Section hope that your days are filled with more than a few moments of passing happiness. There have been recent studies showing the level of happiness people experience closely corresponds to their level of confidence. The studies further showed people who have moderate to high levels of confidence tended to also display traits of resiliency, which in turn corresponded to greater involvement in activities that generated a sense of happiness in their lives and the lives of others.

When we start the day looking at the thermometer reading below cold and hear the wind outside strong enough to blow us half way across the state we can easily begin to doubt and grump the goodness of life; that's before reviewing the list of the demands for the day! It will take more than a strong cup of coffee with a chaser of confidence to get through the day. One of the studies revealed that there are

various activities and things that trigger a sense of confidence. One interesting trigger was watching clips of Clint Eastwood movies. Not encouraging anyone to make a resolution to watch Clint Eastwood re-runs, but it might be of great worth to our happiness and to others if we allow ourselves to be reminded of what it is like to go forward with a heightened level of confidence.

Other activities that have been identified to help awaken or restore confidence and resilience include taking moments of prayer and/other meditation at the start of the day and through the day; greeting others with a positive tone; reaffirming someone else; keeping a photo or a memento of someone who has been a positive influence in your life; writing down during the course of the day three things that you achieved - especially if you did something that cause someone to smile or gave them comfort. The chaplains and the chaplain assistants of the 148th hope that you continue to experience the resilience and confidence needed for each day, and discover happiness is more than a click-a-flick away!



## PROMOTIONS

### JULY

Beatrez, Megan, OSS, SRA  
Hawley, Brittany, OSS, SRA  
McParlan, David, OSS, SRA  
Underdahl, Casey, OSS, SRA  
Windus, Nathan, MXS, SRA  
Haldorson, Lucas, MDG, SSGT  
Nordquist, Aron, AMXS, TSGT  
Svee, Jason, AMXS, TSGT  
Alden, Aaron, FSS, MSGT

### AUGUST

Janckila, Kelsey, LRS, AIC  
Erickson, Andrew, SFS, SRA  
Malvick, Brittany, LRS, SRA  
Smart, Jessica, FSS, SRA  
Erspamer, Kyle, AMXS, SSGT  
Frey, Robert, FSS, SSGT  
Sirois, Michael, AMXS, SSGT  
Sundeen, Cory, AMXS, SSGT  
Haffley, Parker, AMXS, TSGT  
Nord, Jamey, SFS, TSGT  
Berdice, Thomas, CES, MSGT  
Hieb, Adam, AMXS, MSGT  
Roach, Christopher, LRS, SMSGT  
Smerz, Bradley, MDG, SMSGT

### SEPTEMBER

Kleive, Scott, AMXS, SSGT  
Boorman, Matthew, MXS, TSGT  
Gallagher, Edward, MXS, TSGT  
Smith, Chelsey, MDG, TSGT  
Johnson, Chad, SFS, MSGT

## Rabies Cont.

to physically handle wildlife to include stray/feral dogs and cats. Keep your pets current on rabies vaccinations. If you are at increased risk of exposure to rabies because of your job or travel, consider prophylaxis and consult your physician. If you or a family member has had a possible rabies exposure, contact your physician and the MDH immediately. If your pet may have had an exposure with a wild animal, consult your local veterinarian (being sprayed by a skunk does not constitute exposure). If at all possible, any animal suspected of being rabid which has been involved in an exposure with a human (or pet) should be tested for rabies in order to help determine if there is a need for PEP.

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## BulldogBits



By Col. Penny J. Dieryck

The 148th County Fair was held over the September UTA. What a great way to showcase the wing and how it interacts with our loved ones. The kids took part in the pie eating contest, pumpkin seed spitting contest and had their picture taken in an F-16. They also pet sheep and chickens and even rode horses. The weather was a little cool, but the children and animals loved it. It was fun to watch the smiles on people's faces and have an opportunity to meet moms and dads, brothers and sisters, friends and loved ones.

As I was doing my 1,000 loops leading the horses, I began to think about the 148th and its family connections. retired Master Sgt. Anna Lockman and retired Chief Master Sgt. Mark Lockman brought three horses to help with the horse rides. The extra walker that came to help them was Ms. Mary Alice Carlson, the mother of Staff Sgt. Anna Graves. My helper was Amy Danielson, mother of Staff Sgt. Liz Freeman. We also were given a hand by Ellie Grace Erikson, daughter of Chief Master Sgt. Lisa Erikson. We thought we were at a NASCAR track. We did a lot of turn lefts, but not so much that they go too fast. I am sure our pedometers said we each put in 10 miles.

While I made my laps and left turns with my pony, I reflected about one of my aunts. She had passed away the week before drill and her funeral was scheduled for the 15th of September. I thought about all the fun things we did with her growing up and the connection to the 148th. Even though my aunt was never in the military, there are five nieces and nephews of hers in the 148th and another of her nieces retired from the 133rd this past year. It all goes back to family!

As you read this edition of the On Five, the holiday season will be approaching. Quickly you'll be carving jack-o-lanterns and getting trick or treat candy ready to pass out. Then it's Veterans Day, and we remember all those who have served or are serving in the military to include the United States Coast Guard. From Veterans Day, we move to Thanksgiving and then on to Christmas and New Year's. Wow! Where did the year go? I'd like to end with a HUGE THANK YOU and pour out many blessings upon each and every reader, 148th member, and your families and friends. I hope 2015 will bring you joy, prosperity, good health and much love!



To connect to the 148th Fighter Wing website,  
scan this tag with your smart phone  
or visit [www.148fw.ang.af.mil](http://www.148fw.ang.af.mil)

